Unlocking and elevating age-friendly practices for an entire system.

-President and CEO Michael Dowling

A new designated position is created, the VP Aging and Supportive Care, to implement and lead the Institute for Healthcare Improvement (IHI), in partnership with the Age-Friendly Health Systems (AFHS). This work convened by IHI.

Together, they collaborate with Geriatrics and Palliative Medicine to identify practices to adopt for age-friendly care across the healthcare organization.

They find solutions throughout the system to achieve the 4Ms.

**Medication**

The CAM-ICU is now being used as the gold standard for delirium assessment in ICU settings across the system.

**Mentation**

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**Mobility**

The Physical Therapy Department's recommendation to use an evidence-based mobility assessment.

**Sensory**

Northwell Health's 64 primary care sites already had standardized age-friendly practices.

The discovery that Northwell's 64 primary care sites already had standardized age-friendly practices.

The best way to build an Age-Friendly Health Systems portfolio is to identify existing programs and enhance them to align with the 4Ms.

Advice

- Patient safety is of utmost importance in the delivery of care, and this includes the implementation of age-friendly practices across the system.
- Northwell's efforts are supported by its status as a level 1 trauma center and its recognition as a group participant in the Age-Friendly Health Systems (AFHS) program.
- Northwell Health's acute care hospitals and primary care sites are dedicated to providing evidence-based quality care with improved outcomes for older adults.
- Northwell is working on site-level data collection which will roll up into system-level data. This will facilitate the ability to manage age-friendly practices system-wide.
- The goal is to provide evidence-based quality care with improved outcomes for older adults and have all sites recognized at the Age-Friendly Health System participant level.
- Northwell's efforts led to 15 acute care hospitals and 64 primary care sites becoming recognized by IHI as Age-Friendly Health Systems.

Key Insights

-北well Health sets a plan in motion.

Michael Dowling

830+ ambulatory sites.

23 hospitals and their family caregivers.

Northwell Health

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About Age-Friendly Health Systems

Age-Friendly Health Systems is a program created by the Institute for Healthcare Improvement (IHI) and the World Health Organization (WHO) to help hospitals and health systems provide safe, high-quality care for older adults. It is an international program designed to help hospitals and health systems improve care for older adults and reduce age-related harm.

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