

# Age-Friendly Health Systems Live Course with Coaching: Informational Call

June 25, 2025

# The Online Course with Coaching Team

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Andrea Schwartz, MD, MPH  
IHI Faculty



Alice Bonner, PhD, MSN, BSN, AB  
Senior Advisor for Aging



Christina Southey, MS  
Improvement Advisor



Lauren Cameron  
Program Manager



Luisana Henriquez Garcia, MA  
Project Manager



Cayla Saret, MPH  
Senior Managing Editor



# Agenda

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Overview of the Institute for Healthcare Improvement

Program Overview

Expectations

Questions



# IHI Mission

To improve health  
and health care  
worldwide





# Mission

Ensure equitable and reliable delivery of age-friendly care across all health care settings that:

Is guided by an essential set of evidence-based practices (4Ms);

Causes no harms; and

Is consistent with What Matters to the older adult and their family.



# Live Course with Coaching: Overview

# Program Objectives

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After this program, participants will be able to:

- Assess, document, and act on the 4Ms of evidence-based, age-friendly care
- Describe strategies to integrate equity throughout their implementation of age-friendly care
- Practice and spread age-friendly care, including engaging leadership to support implementation of age-friendly care
- Apply approaches and tools to spread the 4Ms, including engaging leadership to support implementation of age-friendly care



# Program Agenda

| Module    | Dates  | Times                | Format        |
|-----------|--|----------------------|---------------|
| Lesson 1  | September 17, 2025<br><i>Complete by: October 1<sup>st</sup></i> | Approximately 1 hour | Self-directed |
| Session 1 | Wednesday, October 1 <sup>st</sup>                               | 1:00 pm – 2:00 pm ET | Live-Virtual  |
| Lesson 2  | October 1, 2025<br><i>Complete by: October 15<sup>th</sup></i>   | Approximately 1 hour | Self-directed |
| Session 2 | Friday, October 17 <sup>th</sup>                                 | 1:00 pm – 2:00 pm ET | Live-Virtual  |
| Lesson 3  | October 15, 2025<br><i>Complete by: October 29<sup>th</sup></i>  | Approximately 1 hour | Self-directed |
| Session 3 | Wednesday, October 29 <sup>th</sup>                              | 1:00 pm – 2:00 pm ET | Live-Virtual  |
| Lesson 4  | October 29, 2025<br><i>Complete by: November 14<sup>th</sup></i> | Approximately 1 hour | Self-directed |
| Session 4 | Wednesday, November 14 <sup>th</sup>                             | 1:00 pm – 2:00 pm ET | Live-Virtual  |
| Lesson 5  | November 14, 2025<br><i>Complete by: December 3<sup>rd</sup></i> | Approximately 1 hour | Self-directed |
| Session 5 | Wednesday, December 3 <sup>rd</sup>                              | 1:00pm – 2:00 pm ET  | Live-Virtual  |



# Topics include:

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Overview of the 4Ms Framework

Incorporating Equity

Model for Improvement

Integrating 4Ms into electronic health records or EHRs

Measurement of the 4Ms

Deep Dive into each M

Exploring New CMS Age Friendly Measures



# Continuing Education

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JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, the Institute for Healthcare Improvement is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Certified Professionals in Patient Safety (CPPS), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



# Expectations

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Attendance



Active Participation



Asynchronous Activities



# What's Next?

## Register

<https://www.ihl.org/education/training/age-friendly-health-systems-online-course-coaching>

## Have additional questions?

Please email Lauren Cameron at [afhsocc@ihl.org](mailto:afhsocc@ihl.org) with any questions related to registration and to the course.





**THANK  
YOU**